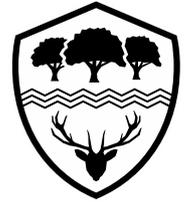


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MEDEN
SCHOOL

30-Jan-2024

Valentine's Day Fundraising for The British Heart Foundation

Dear Parent/Carer

As a school we are very keen to support worthwhile charities wherever we can. As its Valentine's Day next week, our chosen charity this half term is **The British Heart Foundation**.

During Personal Development sessions next week, we will be supporting The British Heart Foundation by teaching all students about AEDs (automated external defibrillator), what they are used for and how they can save lives. A group of our Meden Ambassadors will also take part in some CPR training

If you are interested in learning more about CPR, here is a link from The British Heart Foundation https://revivr.bhf.org.uk/?utm_source=networkfromportal

Friday 9th February will be a non – uniform day. For a small contribution (we suggest £1) students can come in non-uniform. Our theme is **RED** but students do not have to wear red if they do not wish to. Any donations will be collected at Tutor time. **Clothing must be appropriate wear for school.**

Please note the following clothing is unsuitable for school and as such should not be worn on a non-uniform day at any time.

- No skimpy clothing such as crop tops/boob tubes
- No mini skirts, hot pants or shorts
- No offensive slogans or logos.

We would much rather see our students wrapped up warm in appropriate clothing for the time of year so please encourage sensible dress.

In addition to the non-uniform day, **from Monday 5th Feb students will be able to buy a rose to give to someone they care about** whether that's a friend, a partner or a family member. Roses can be purchased for a min £1 donation and attached to the rose will be their personal message. These will be delivered around school on Thursday 8th or Friday 9th Feb by our College Students (or students can take them home). We will sell these until stocks run out.

All money raised will be donated to the charity who conduct so much amazing research into all heart and circulatory diseases and the things that cause them such as heart diseases, strokes, vascular dementia and diabetes.

We are always overwhelmed by the donations from our Meden Community and cannot thank you enough for your support.

Kind regards

Mr J Smith
Head Teacher