



Dear Parent /Carer

As a part of your child's education at Meden School, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic Education programme; this is known as Me@Meden at Meden School. Me@Meden is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

A key element of our Me@Meden curriculum is Relationships and Sex Education (RSE). From September 2020 the Government has made its delivery mandatory as part of statutory guidance. Parents and carers do have the right to withdraw students from RSE sessions, where alternative provision will be provided for those students on other aspects of Personal Development. For more information, please see the Government guidance on the following link:

<https://www.gov.uk/government/publications/relationships-educationrelationships-and-sex-education-rse-and-health-education>

At Meden School RSE lessons are delivered from Year 7 all the way through to Sixth Form, and will include teaching age-appropriate topics, including:

- Year 7: good communication, emotions and growing up, cyberbullying, sexting and online grooming
- Year 8: the effects of changing relationships including divorce and bereavement
- Year 9: considerations before having sex, online sexual safety, sexual bullying, domestic violence, child abuse and stalking, healthy and unhealthy relationships
- Year 10: how the media deal with relationships and STI's and contraception
- Year 11: different types of romantic relationships and unhealthy relationships
- Sixth Form: impacts of attitudes around sexual assault

Students will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world. Me@Meden is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. All Me@Meden teaching takes place in a safe learning environment, usually delivered by tutors, and is underpinned by our school ethos and values.

As a school, we have worked hard to ensure that the following are taken into consideration and embedded into our school curriculum:

1. Our values of equality, inclusion and respect for all students and communities;
2. Age-appropriate information, as well as the consideration of maturity levels, their cultural and religious backgrounds;
3. Every students' learning needs including special educational needs

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4. What students need to know in order to live healthy lives and stay safe in school, in their personal relationships and in the wider world.

As a school community, we are committed to working in partnership with parents; recent national parental feedback has indicated that the overwhelming majority of parents continue to be highly supportive of the relationships and sex education programme.

If you would like to find out more or discuss any concerns, please don't hesitate to contact myself or the Senior Leadership Team with regards to the Relationships and Sex Education curriculum.

Yours faithfully

Thomas Bentley

Teacher of History

Coordinator for Me@Meden

Meden School