Meden School Curriculum Planning								
Subject	A Level	Year Group	12	Sequence No.	35-36	Торіс	Group and Team	
							Dynamics	

Retrieval	Core Knowledge	Student Thinking
What do teachers need to retrieve from students before they start teaching new content ?	What specific ambitious knowledge do teachers need to teach students in this sequence of learning?	What real life examples can be applied to this sequence of learning to development of our students thinking, encouraging them to see the inequalities around them and 'do something about them!'
Students own knowledge and understanding of sport - students prior sporting experience, through playing or spectating or teaching, may have developed some level of knowledge in aspects of topics covered in this unit. KS4 Curriculum - students will also have experience of leadership and will have worked on delivering sessions which get the best out of a "group" of people KS3 Curriculum - Regularly performed a wide range of team sports where they will be able to make reference to group dynamics in relation to when they played those sports - Boys and Girls all do the same	Students will be able to give a definition of a group before explaining the formation of groups and sports teams using stages of group development. At each of the following stages, they will be able to describe the characteristics of groups/teams whilst at that stage and give a wide range of examples of how teams may perform during each stage. They will contrast the stages to identify the key differences but also look for connections, so they are able to apply their knowledge to evidence how teams/groups can go from one stage to the next. • forming • storming • performing They will then evaluate the success of groups, whilst making reference to the theories listed below. They will be able to discuss how group performance can be limited and enhanced by certain factors whilst using a wide range of sporting examples to help explain this. • Steiner's model of group effectiveness	 Each week, a key theme will run through all PE lessons linked to real life examples. These will be linked to the particular learning outcome the students are on at the time and will be consistent across the department. The aim will be for students to develop their thinking, recognise the inequalities within sport (linked to the topic) and do something about them. In the 'teaching' lessons, students will be provided with a starter to challenge stereotypes in sport and then an activity linked to heading being covered where they can 'do something about them.' 1. Physical Activity Government Guidelines and Recommendations - students should have 60 minutes of moderate to high intensity exercise every day. Do they get this? How? 2. Barriers to Participation for Children and Teenagers 3. Solutions to the Barriers 4. Current Issues in Sport/Sport in the News - Linked to the impact of PE on Mental, Physical or Social Health
sports on the curriculum to challenge stereotypes and raise awareness of opportunities for	Ringelmann effect and social loafing.	 Physical Benefits of Sport and PE on the Body Social Benefits of Sport and PE on the Body ME in PE – Couch to 5km and Meden Park Run Challenge – Students are introduced to two free

them to get involved e.g. Mansfield Rugby Club for Girls	activities that they can get involved in. Designed to improve physical, social and mental health within PF
Extra Curricular/Clubs	8. Popularity of Sport in the UK – what are the
- Students will have their own	current trends for the most popular sport in the UK.
knowledge of the sports they	Why are they the most popular sports?
regularly participate within and	9. Emerging/Growing Sports in the UK – which sports
will be able to relate to these	are new to the UK? How can we make them more
within their work	popular?
- All students will be given a	10. National Governing Bodies – What is their role
breadth of extra-curricular	within a sport? What are the key NGB's for each
opportunities to allow them to	sport?
perform further in the key sports	11. Major Sporting Events – What are they? When and
discussed in this topic	where do they occur?
- Students will have viewed sports	12. Olympic Creed and Olympic Values
that will be discussed and may	13. Current Issues in Sport/Sport in the News – Linked
understand how it can be learned	to new sports, growing sports or a major sporting
as a performer or taught as a	event occurring
coach/teacher	14. ME in PE – Couch to 5km and Meden Park Run
- Ideally, students will compete in	Challenge – Students are introduced to two free
sport outside of school	activities that they can get involved in. Designed to
	improve physical, social and mental health within
	PE
	15. Sporting Values – Excellence – Linked to Role
	Models and demonstrating excellence within a
	sport
	16. Sporting Values - Tolerance and Respect
	17. Sporting Values – Fair play
	18. Sporting Values – Teamwork and Inclusion
	19. Sporting Values - Citizenship
	20. ME in PE – Couch to 5km and Meden Park Run
	Challenge – Students are introduced to two free
	activities that they can get involved in. Designed to
	improve physical, social and mental health within
	PE

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21. Performance Enhancing Drugs – What are they and
why are they taken?
22. Gamesmanship and Deviance
23. Sportsmanship and Success of Teams
24. Current Issues in Sport/ Sport in the News – linked
to examples of athletes demonstrating
sportsmanship, gamesmanship or taking
performance enhancing drugs
25. ME in PE – Couch to 5km and Meden Park Run
Challenge – Students are introduced to two free
activities that they can get involved in. Designed to
improve physical, social and mental health within
PE
26. Money in Sport – Wage disparity between certain
sports and genders. Amateur vs professional sport
27. Technology in Sport – How has it advanced?
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Advantages and Disadvantages
28. Gender in Sport – challenging stereotypes in sports
as the player, official or manager
29. Paralympics and Disabled Sport – examples of
sports and accessibility
30. Race and Equality in Sport – examples of
campaigns within sports – Kick it out campaign and
RESPECT
31. LGBTQ - Pride Sport – their role in challenging
LGBTQ phobia in sport
32. ME in PE – Couch to 5km and Meden Park Run
Challenge – Students are introduced to two free
activities that they can get involved in. Designed to
improve physical, social and mental health within
PE
33. Diet and Nutrition
34. Skeletal and Muscular System
35. Cardiovascular System
36. Respiratory System
37. Assessing Risk in Sport

 38. Sporting Injuries 39. Current Issues in Sport/ Sporting News – linked to injuries, new science, diet, nutrition etc 40. ME in PE – Couch to 5km and Meden Park Run Challenge – Students are introduced to two free activities that they can get involved in. Designed to improve physical, social and mental health within PE
Students MUST reference four different sporting examples within each heading and will be penalised for sticking to one sport throughout. Teachers will guide students using a model example of a sport they are familiar with before exploring different real-life examples.