Meden School Curriculum Planning							
Subject	A Level	Year Group	12	Sequence No.	9-12	Topic	Principles and
							Theories of Learning

		Theories of Learning	
Retrieval	Core Knowledge	Student Thinking	
What do teachers need to retrieve from students before they start teaching new content?	What specific ambitious knowledge do teachers need to teach students in this sequence of learning?	What real life examples can be applied to this sequence of learning to development of our students thinking, encouraging them to see the inequalities around them and 'do something about them!'	
Students own knowledge and understanding of sport students prior sporting experience, through playing or spectating or teaching, may have developed some evel of knowledge in aspects of topics covered in this unit.	• operant conditioning Students will look at the history of operant conditioning and be able to describe how it was discovered/developed. Student will be able to describe the process of operant conditioning. They will then use this knowledge to describe how these can be used effectively when someone is learning a sporting skill. In addition to this, they will then analyse the	Each week, a key theme will run through all PE lessons linked to real life examples. These will be linked to the particular learning outcome the students are on at the time and will be consistent across the department. The aim will be for students to develop their thinking, recognise the inequalities within sport (linked to the topic) and do something about them. In the 'teaching' lessons, students	
<b>KS4 Curriculum</b> students will also have experience of eadership and will have subconsciously considered the effects of different theories of learning when delivering their sessions	impact of Thorndike's 3 laws on the success of operant conditioning.  • cognitive theory of learning  Students will look at the history of cognitive learning and be able to describe how it was discovered/developed.  Student will be able to describe the process of cognitive learning. They will then use this knowledge to describe how	will be provided with a starter to challenge stereotypes in sport and then an activity linked to heading being covered where they can 'do something about them.'  1. Physical Activity Government Guidelines and Recommendations - students should have 60 minutes of moderate to high intensity exercise	
KS3 Curriculum  Regularly performed a wide range of sports and will have knowledge of the individual skills needed for those sports. They will be able to identify them and will	these can be used effectively when someone is learning a sporting skill.  Bandura's theory of social/observational learning. Students will look at the history of social learning and be able to describe how it was discovered/developed. They will be able to share knowledge of Bandura's experiments, which aided in this theory.  Student will be able to describe the process of social	every day. Do they get this? How?  2. Barriers to Participation for Children and Teenagers  3. Solutions to the Barriers  4. Current Issues in Sport/Sport in the News - Linked to the impact of PE on Mental, Physical or Social Health  5. Physical Benefits of Sport and PE on the Body	
have understanding on how they are performed.  - Students will have been taught	learning. They will then use this knowledge to describe how these can be used effectively when someone is learning a sporting skill.	6. Social Benefits of Sport and PE on the Body 7. ME in PE – Couch to 5km and Meden Park Run Challenge – Students are introduced to two free	

Challenge – Students are introduced to two free

using some of these theories

sporting skill.

- therefore will be able to draw upon past experiences of when the transfer may be used
- Boys and Girls all do the same sports on the curriculum to challenge stereotypes and raise awareness of opportunities for them to get involved e.g.
   Mansfield Rugby Club for Girls

## Extra Curricular/Clubs

- Students will have their own knowledge of the sports they regularly participate within and will be able to relate to these within their work
- All students will be given a breadth of extra-curricular opportunities to allow them to perform further in the key sports discussed in this topic
- Students will have viewed sports that will be discussed and may understand how it can be learned as a performer or taught as a coach/teacher
- Ideally, students will compete in sport outside of school
- Students will also be able draw on life experiences e.g. training a dog = operant conditioning, which will aid them in their understanding of the theories

- activities that they can get involved in. Designed to improve physical, social and mental health within PF
- **8. Popularity of Sport in the UK** what are the current trends for the most popular sport in the UK. Why are they the most popular sports?
- **9.** Emerging/Growing Sports in the UK which sports are new to the UK? How can we make them more popular?
- 10. National Governing Bodies What is their role within a sport? What are the key NGB's for each sport?
- **11. Major Sporting Events** What are they? When and where do they occur?
- 12. Olympic Creed and Olympic Values
- **13.** Current Issues in Sport/Sport in the News Linked to new sports, growing sports or a major sporting event occurring
- 14. ME in PE Couch to 5km and Meden Park Run Challenge – Students are introduced to two free activities that they can get involved in. Designed to improve physical, social and mental health within PE
- 15. Sporting Values Excellence Linked to Role Models and demonstrating excellence within a sport
- 16. Sporting Values Tolerance and Respect
- 17. Sporting Values Fair play
- 18. Sporting Values Teamwork and Inclusion
- 19. Sporting Values Citizenship
- 20. ME in PE Couch to 5km and Meden Park Run Challenge – Students are introduced to two free activities that they can get involved in. Designed to improve physical, social and mental health within PE

21. Performance Enhancing Drugs – What are they
and why are they taken?
22. Gamesmanship and Deviance
23. Sportsmanship and Success of Teams
24. Current Issues in Sport/ Sport in the News – linked
to examples of athletes demonstrating
sportsmanship, gamesmanship or taking
performance enhancing drugs
25. ME in PE – Couch to 5km and Meden Park Run
Challenge – Students are introduced to two free
activities that they can get involved in. Designed to
improve physical, social and mental health within
PE
<b>26.</b> Money in Sport – Wage disparity between certain
sports and genders. Amateur vs professional sport
27. Technology in Sport – How has it advanced?
Advantages and Disadvantages
<b>28. Gender in Sport</b> – challenging stereotypes in sports
as the player, official or manager
29. Paralympics and Disabled Sport – examples of
sports and accessibility
30. Race and Equality in Sport – examples of
campaigns within sports – Kick it out campaign and
RESPECT
<b>31. LGBTQ</b> - Pride Sport – their role in challenging
LGBTQ phobia in sport
32. ME in PE – Couch to 5km and Meden Park Run
Challenge – Students are introduced to two free
activities that they can get involved in. Designed to
improve physical, social and mental health within
PE
33. Diet and Nutrition
34. Skeletal and Muscular System
35. Cardiovascular System
36. Respiratory System
37. Assessing Risk in Sport

<ul> <li>38. Sporting Injuries</li> <li>39. Current Issues in Sport/ Sporting News – linked to injuries, new science, diet, nutrition etc</li> <li>40. ME in PE – Couch to 5km and Meden Park Run Challenge – Students are introduced to two free activities that they can get involved in. Designed to improve physical, social and mental health within PE</li> </ul>
Students MUST reference four different sporting examples within each heading and will be penalised for sticking to one sport throughout. Teachers will guide students using a model example of a sport they are familiar with before exploring different real-life examples.