

Meden School Curriculum Planning							
Subject	A Level	Year Group	13	Sequence No.	1-5	Topic	Routes to Sporting excellence

Retrieval	Core Knowledge	Student Thinking
What do teachers need to retrieve from students before they start teaching new content ?	What specific ambitious knowledge do teachers need to teach students in this sequence of learning?	What real life examples can be applied to this sequence of learning to development of our students thinking, encouraging them to see the inequalities around them and 'do something about them!'
<p>Students own knowledge and understanding of sport</p> <p>- students prior sporting experience, through playing or spectating or teaching, may have developed some level of knowledge in aspects of topics covered in this unit.</p> <p>KS4 Curriculum</p> <p>- students will have in depth knowledge role model professional athletes that have made the route to sporting excellence</p> <p>- Students will be aware of what their school and local clubs provide and how this can help promote elite performance</p> <p>- Students will be aware of and have knowledge of what NGB's do to promote sporting excellence</p> <p>KS3 Curriculum</p>	<p>Development routes from talent identification through to elite performance</p> <p>Students will be able to explain the chronological order of athletes being identified at a young age, to becoming elite performers. They will look at the UK Sport's Elite Pathway Programme, in particular to help them explain this process</p> <p>The role of school, clubs, universities in contributing to elite sporting success</p> <p>Students will compare and contrast how those organisations play a role in the UK's sporting success. They will look at the opportunities they provide and how this feeds into elite national performance.</p> <p>The role of UK Sport and National Institutes in developing sporting excellence/high performance sport</p> <p>Students will describe a wide range of things that these bodies do to ensure the elite athletes within the UK, perform at their highest. They will also analyse contemporary issues in the UK, to give reasons for differing success from one sport to the next.</p> <p>Strategies to address drop-out/failure rates from elite development programmes/at elite level.</p>	<p>Each week, a key theme will run through all PE lessons linked to real life examples. These will be linked to the particular learning outcome the students are on at the time and will be consistent across the department. The aim will be for students to develop their thinking, recognise the inequalities within sport (linked to the topic) and do something about them. In the 'teaching' lessons, students will be provided with a starter to challenge stereotypes in sport and then an activity linked to heading being covered where they can 'do something about them.'</p> <ol style="list-style-type: none"> 1. Physical Activity Government Guidelines and Recommendations - students should have 60 minutes of moderate to high intensity exercise every day. Do they get this? How? 2. Barriers to Participation for Children and Teenagers 3. Solutions to the Barriers 4. Current Issues in Sport/Sport in the News - Linked to the impact of PE on Mental, Physical or Social Health 5. Physical Benefits of Sport and PE on the Body 6. Social Benefits of Sport and PE on the Body

<ul style="list-style-type: none"> - Regularly performed the key sports discussed in this topic; They will have an understanding of how performers are selected to become professional in these sports - Boys and Girls all do the same sports on the curriculum to challenge stereotypes and raise awareness of opportunities for them to get involved e.g. Mansfield Rugby Club for Girls <p>Extra-Curricular/Clubs</p> <ul style="list-style-type: none"> - Students will have their own knowledge of the sports they regularly participate within and will be able to relate to these within their work - All students will be given a breadth of extra-curricular opportunities to allow them to perform further in the key sports discussed in this topic - Students will have viewed sports that will be discussed and may understand some of its history - Ideally, students will compete in sport outside of school - Some students will be performing sports at a high level and maybe accessing the route to sporting excellence within their sport 	<p>Students will list and explain the key reasons for elite dropouts, but also think creatively about what can be done to ensure these are prevented and to ensure the UK continues to be successful across many sports.</p>	<ol style="list-style-type: none"> 7. ME in PE – Couch to 5km and Meden Park Run Challenge – Students are introduced to two free activities that they can get involved in. Designed to improve physical, social and mental health within PE 8. Popularity of Sport in the UK – what are the current trends for the most popular sport in the UK. Why are they the most popular sports? 9. Emerging/Growing Sports in the UK – which sports are new to the UK? How can we make them more popular? 10. National Governing Bodies – What is their role within a sport? What are the key NGB’s for each sport? 11. Major Sporting Events – What are they? When and where do they occur? 12. Olympic Creed and Olympic Values 13. Current Issues in Sport/Sport in the News – Linked to new sports, growing sports or a major sporting event occurring 14. ME in PE – Couch to 5km and Meden Park Run Challenge – Students are introduced to two free activities that they can get involved in. Designed to improve physical, social and mental health within PE 15. Sporting Values – Excellence – Linked to Role Models and demonstrating excellence within a sport 16. Sporting Values - Tolerance and Respect 17. Sporting Values – Fair play 18. Sporting Values – Teamwork and Inclusion 19. Sporting Values - Citizenship 20. ME in PE – Couch to 5km and Meden Park Run Challenge – Students are introduced to two free activities that they can get involved in. Designed to
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