

Subject	Core RE	Year Group	10	Sequence No.	1	Topic	What is the meaning of life?
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Retrieval	Core Knowledge	Student Thinking
What do teachers need retrieve from students before they start teaching new content ?	What specific ambitious knowledge do teachers need teach students in this sequence of learning?	What real life examples can be applied to this sequence of learning to development of our students thinking, encouraging them to see the inequalities around them and 'do something about them!'
<p>In session 2 students make links to session 1 retrieving what the 10 commandments are</p> <p>In session 4 students recall what the Jewish and Christian views towards the meaning of life are</p> <p>In session 5 students should link the idea of rebirth in Sikhism to Buddhism</p>	<p><u>Jewish views on the meaning of life</u></p> <ul style="list-style-type: none"> • Judaism teaches that all life is special and belongs to God. • As God is the Creator of all life, only he should say when life begins or ends. Therefore, Jews believe they should do all they can to preserve life. • Saving a human life should take priority over everything, even if this means breaking some of the laws set out in the Torah. • Obey God's commandments, live ethically. Focus is more on this life than the next. • 10 commandments: <ul style="list-style-type: none"> ➤ You shall have no other gods before Me. ➤ You shall make no idols. ➤ You shall not take the name of the Lord your God in vain. ➤ Keep the Sabbath day holy. ➤ Honor your father and your mother. ➤ You shall not murder. ➤ You shall not commit adultery. ➤ You shall not steal. ➤ You shall not bear false witness against your neighbor. ➤ You shall not covet. <p><u>Christian views on the meaning of life</u></p> <ul style="list-style-type: none"> • Christians believe that life is not an accident. There is a purpose and meaning to every life. • Christians should be an influence for good on the world around them. Many Christians have made it their life's purpose to change the world around them for the better. • They should love and value each other and even want the best for people who hate and persecute them; they should be hospitable; they should live in peace with others; they should put the needs of others before their own; they should love what is good and hate what is bad. 	<p>Through this topic students will develop their own and others understanding and beliefs towards the meaning of life. They will be faced with conflicting opinions to theirs and will help raise awareness of both religious and non religious views, which help them to understand the world they live in better. They will do this through the following activities:</p> <ul style="list-style-type: none"> ➤ Students discuss what they think the meaning of life is. ➤ Students compare their thoughts on the meaning life with celebrities views ➤ Students discuss whether Jewish people are correct about focusing on this life rather than a possible next life ➤ Students discuss which of the Christian views they agree with the most ➤ Students think about what Buddhist influences they have in their lives ➤ Students consider and discuss their views on the idea of enlightenment. Do they agree or disagree with the idea of being reborn? Have they heard of anything like this before? ➤ Students compare and contrast different religious views towards the meaning of life

- The purpose of life extends beyond dealings with others: the Bible says that God made people to rule over the Earth - not to exploit it or damage it, but to bring it under control and help it to flourish.

Both Jews and Christians follow the 10 commandments

Buddhist views on the meaning of life

- Live kindly. Live compassionately. Live without desire and be happy.
- Unless we truly know suffering, we cannot fully understand compassion.
- Unless we have felt pain and loss, we cannot truly be kind.
- The true meaning of life is helping others achieve freedom from suffering.
- The goal in life is to assist others to realize their full potential.
- The meaning of life is to grow into a kind and caring soul who is selfless and understanding.
- In Buddhism, enlightenment is when a Buddhist finds the truth about life and stops being reborn because they have reached Nirvana.
- Once you get to Nirvana you are not born again into samsara (which is suffering).
- Buddhists believe a person can become enlightened by following the Middle Way; the Middle Way is not too extreme in either way of living, neither an extremely luxurious life of ease and enjoyment nor an extremely harsh life on living on the minimum of the most basic necessities.
- One develops Sila (morality), Samadhi (concentration), and Prajna (insight or wisdom). This is thought to take a very long time

Sikh views on the meaning of life

- Sikhism teaches that the purpose of life is to reunite with God through rebirth. However, in order to do this, Sikhs must ensure they develop the virtuous characteristics that follow God's teachings.
- In order for Sikhs to be reunited with God, they must get rid of their negative characteristics.
 - Lust (kama)
 - Greed (lobh)
 - Anger (krodh)
 - Attachment (moh)
 - Pride (ahankar)
- They must also remove three other barriers:

- Students discuss which of the Sikh views would be hardest to follow and why
- Students discuss what non religious people might say the meaning of life is
- Students compare their own views to Humanist views

- The illusion that things in this world that are temporary and unimportant (such as material possessions) are permanent and valuable.
- Being egotistic.
- Being self-centred.

Humanist views on the meaning of life

- Humanists do not believe in a god. They believe it is possible to live a good and fulfilling life without following a traditional religion.
- They do not follow a holy book either. Instead, Humanists value traits like reason and rely on science to explain the way things are.
- Humanists believe that people have one life to live - there is no afterlife.
- They focus on being happy and making the most of their life. They also believe they have a duty to support others