



**Getting Ready to  
Transition from  
Primary School  
to  
Meden School**

# All About **ME**

My name is...

I am ..... years old

My Primary School is called...

These are the people I live with...

3 Things that I am good at...

- 1.
- 2.
- 3.

My 3 Favourite Subjects are...

- 1.
- 2.
- 3.

My 3 favourite books are...

- 1.
- 2.
- 3.

As you say *GOODBYE* to your Primary School and *HELLO* to Meden School

# How do YOU feel?

It is normal to have lots of worries about a new school. These are some things you may be worried about. What worries you the most?

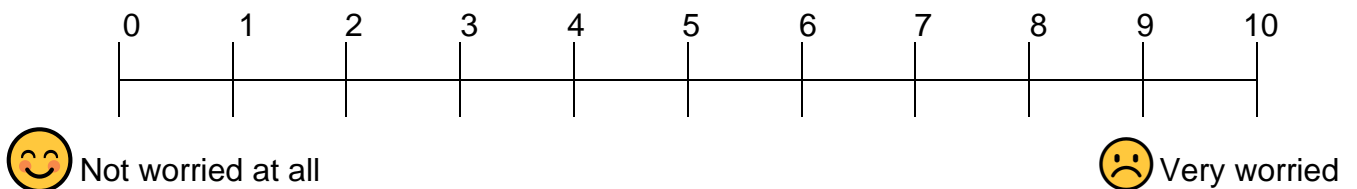
Making new friends	Learning a new timetable
Dinner time	The consequence system
Having a different uniform	Being on time
Finding my way around	Break times
Getting to school	Learning new subjects
Having lots of different lessons in one day	Joining clubs
Not understanding the work	School rules
Homework	Meeting my new tutor
Meeting my new teachers	Being able to do the work
Being with older pupils	Getting changed for PE

# What can you do to help ease these worries?

Think about something that really worries you about moving to Secondary School. It is perhaps one you have circled above.

My worry is: \_\_\_\_\_

Circle how worried you are about this:



What would help you move one step nearer to 0?

Who could help you feel less worried about this?

If you have had this worry before, how did you manage it?

# Common Questions Answered!

What time does school start?

The day begins with tutor time at 8:50am

What time does school finish?

On a Monday I will finish at 4pm

On Tuesdays, Wednesdays & Thursday, I will finish at 3:10pm

On a Friday, I will finish at 2:20pm

How many lessons in a day?

I will have a tutor period and then 6 lessons every day except on a Friday when I only have 5 lessons

What is Me @ Meden?

A way of teaching you about topics that may not be covered in your other lessons, such as help with your hygiene and friendship advice.

What do I do at lunch time?

We have a dining hall and the school hall to eat your food in. There are also outdoor tables all around school.

The Impact Centre provides a quieter place to eat if you are invited to go in there

What do I do if I get bullied?

We have a zero tolerance on bullying and we do not accept it. If anybody says or does anything nasty you must let your tutor or Head of Year know.

What does my tutor do?

You will see your Tutor everyday and they are there to sort any issues you may have.

Who is my Head of Year?

Your Head of Year is Mr Byrne who also teaches geography.

What is the Head of School called?

The Headteacher is called Mr Smith

What is the C system?

C stands for consequence. The consequence system is there to make sure all students in the class can learn and nobody is distracting anybody. Think of C's as warnings. If you are not concentrating and trying your best, the teacher may issue you with a C1, which is a warning and your name will be written on the whiteboard. If you continue to not do your work, you will get a C2 which is your second warning. If your behaviour continues you will get a C3 and your Head of Year is informed. If you continue not to be working to the best of your ability or are disruptive, you will get a C4 and you will be asked to leave the room and go to another

room. You will then get a detention if you have been given C4. The detention will be for the following day after school.

**What rewards do I get?**

We reward working hard, good behaviour, great effort, being resilient and being kind with Attitude to Learning points. These are added up and there are lots of amazing prizes to be won each half term.



**What support do I get if I am struggling?**

Your teachers will always want to help you so it is important you ask for help if you are struggling. If you have a TA in the classroom they will be happy to help as well. Your Tutor and Head of Year are available at break and lunch time to help you too.

**When can I go to the toilet?**

Break and lunch time is the best time to go to the toilet. If you really need to go you can ask your teacher if you can go during lesson times on occasion. We have toilet passes if you feel you may need to go during lesson time and you should speak to Miss Coleman about this.

**What is the uniform like?**

Black trousers/skirt  
Maden Blazer  
Striped clipon tie  
White shirt  
Formal school shoes



# Important rooms

## The Impact Centre

This is a quiet place where students can go if they would like to.

You may also go and do some work in there in smaller groups.

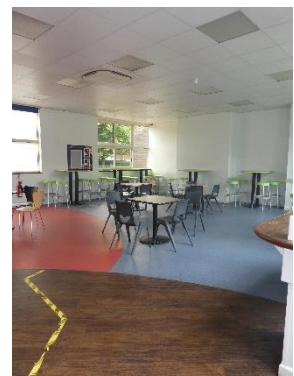
This is where the TAs and Miss Coleman usually are!



## The Dining Room

This is open at break and lunch time and sometimes before school.

If you get a school dinner this is where you buy it from and there is a wide selection of different foods to choose from including hot food and sandwiches.



## The Main School Hall

The hall has lots of uses. Assemblies are held here and if you bring a packed lunch you can eat it here at lunch times.

We also watch school productions in there if the school is putting one on.



# Tasks to do:

## Getting Organised

When you come to Meden School you will be given a timetable that shows you when and where all your lessons are.

Each day you will need to look at your timetable to see which lessons you have. This might be an example of a typical day on your timetable.

Each day you will need to ensure that you are prepared for all your lessons, and have the right equipment in your bag.

	Monday
Tutorial	7D Miss L Clogg B3
Period 1	7m5 English Miss T Taplin B26
Period 2	7m5 Art Mrs K Zaccardelli A6
Period 3	7m5 PE Mrs Garlick Gym
Period 4	7m5 PE Mrs Garlick Gym
Period 5	7m5 IT Mr N Oxford K10
Period 6	7m5 Maths Miss L Clogg B3

**Write a list of all the things you may need in your bag if you had the lessons above:**

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## Planning your journey

Now write down your plan for how you might get there ( and rough timings if you can )

**My journey plan**

Once you have decided the safest and quickest way to and from your new school, set a date to practice the journey.

Date  Time

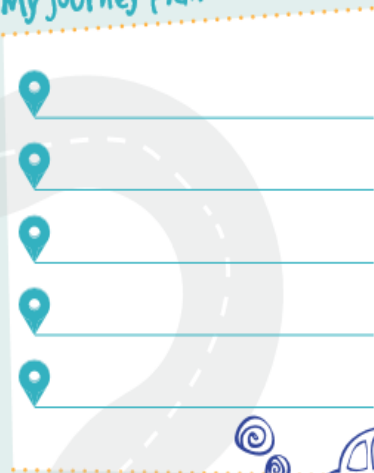
Who is going?

How long did it take you?

What time do I need to leave the house?

*(remember that there might be more traffic in September so leave some extra time)*

*Having done the journey once with a parent or helper, organise to do it on your own with a friend. Always of course letting your parents know...*





## Your Profile



**You are going to complete your Profile together with your family. This activity will let you talk and think about what you would like your new form teacher to know about you! It also helps you to think positively about yourself which is important when you are about to start a new school.**



Use the 'Profile' sheet

**Draw or find a picture you like of you** and stick it into the middle of the sheet.

Now think about the **positive** aspects of your personality... the **good** things about you and what you like doing to show your new form teacher.

With help from your family write down on the Profile Sheet (overleaf)...

- ★ What do you enjoy?
- ★ **What are you good at?**
- ★ What does your teacher (or other people) like about you?
- ★ **What have you achieved this year?**

Write your answers down around the picture of you.

# Letter to My Teacher

Name of Primary School:

Date:

Dear \_\_\_\_\_

I am looking forward to secondary school because...



I am nervous about starting secondary school because...

My favourite thing about primary school was...

My least favourite thing about primary school was...



My friends would describe me as...

I'd really like you to know that...

I look forward to seeing you in September,

Kind regards,





## Primary school memories



Take a trip down memory lane with your family and friends. It's important when you have a big change ahead to think about what you are leaving behind on your journey – it's a big thing to leave primary school. Hunt out drawings, photos, certificates, and awards and any other evidence of your life in primary school.



### Remembering together . . .

Talk to a member of your family about your memories of Primary School right from when you started in nursery or reception. Here are some questions you might want to start with.....

- ★ Which events, trips, plays, assemblies, sports, and music activities do you remember?
- ★ What jobs or roles of responsibility have you had in primary school?
- ★ What lessons have you enjoyed the most? (or the least?)
- ★ Who have been your best friends at primary, how long have you known them?

- ★ Which of the teachers do you remember and why?
- ★ What is your favourite memory?
- ★ Is there something you would rather forget?
- ★ Is there something in particular you remember about a school event?
- ★ Can you think of a time when something made you laugh? Or made you worried or scared?



**Write down your family's memories here**



# A Guide to Making Friends

## Top Tips!

- Smile
- Ask questions
- Join new clubs
- Try new things
- Accept that we are all different
- Be a good listener and interested in what people are saying
- Treat people as you would like to be treated
- Avoid gossiping or making jokes at the expense of others
- Share interests – find what you have in common

**Think of three interesting things about yourself:**



At Meden School our Moto is



**‘Work Hard Be Kind’**

That is all that we ask of you!

See you soon

From all of the Teachers at Meden School 😊