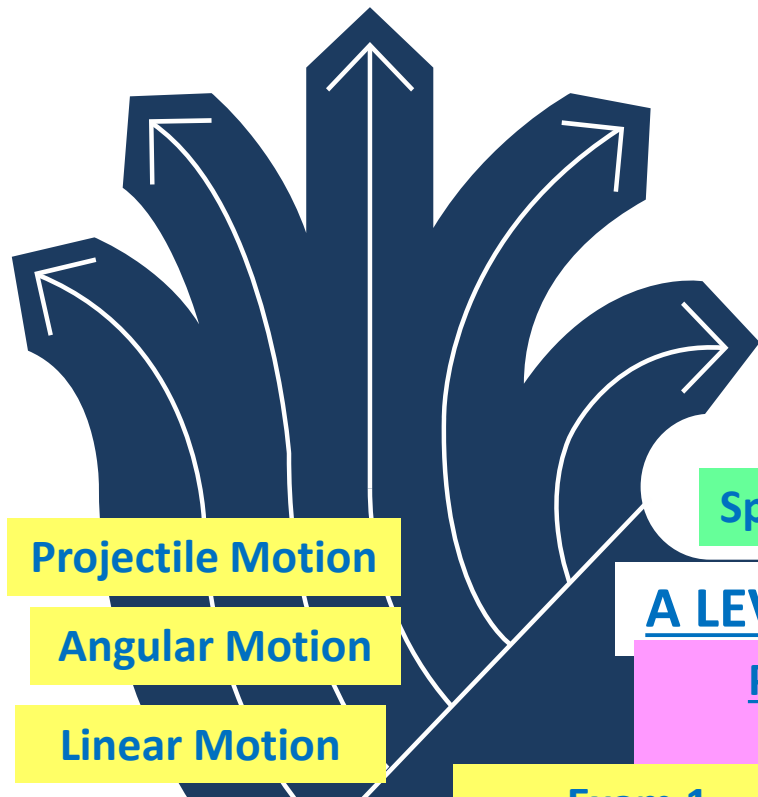


CURRICULUM MAP

KS5



- Projectile Motion
- Angular Motion
- Linear Motion
- Injury Prevention
- Recovery
- Energy Systems

- Newtons Laws
- Lever Systems
- Force and Stability
- Skeletal System
- Muscular System

- Cardiovascular System
- Respiratory System

YEAR
12

Exam 1
Physiological
Factors Affecting
Performance

Exam 2
Psychological
Factors Affecting
Performance

Exam 3
Socio Cultural
Issues in Physical
Activity and Sport

Evaluation and Analysis of Performance for Improvement
Verbal Coursework Task

A LEVEL PHYSICAL EDUCATION - OCR
Performance in Physical Education
1 x Team or Individual Sport

Exam 1
Physiological
Factors Affecting
Performance

Exam 2
Psychological
Factors Affecting
Performance

Exam 3
Socio Cultural
Issues in
Physical
Activity and
Sport

- Diet and Nutrition
- Training Methods

- Skill Continuums
- Methods of Practice
- Transfer of Skills
- Guidance
- Personality
- Group Dynamics

A LEVEL PHYSICAL EDUCATION - OCR

Performance in Physical Education
1 x Team or Individual Sport

Exam 1
Physiological
Factors Affecting
Performance

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Psychological
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Exam 3
Socio Cultural
Issues in Physical
Activity and Sport

YEAR
13

- Memory Models
- Leadership
- Sports Confidence
- Stress Management
- Attribution Theory

Modern Technology in Sport

Routes to Sporting Excellence
in the UK

Commercialisation and Media

Ethics and Deviance in
Sport

Global Sporting Events

Sport in the 21st Century

Evolution of Modern
Sport



MEDEN
SCHOOL

Learning
Theories

Feedback