Appendix 3

Meden School Long Term Plan KS5 2025-26

Lead Teacher: Michael Sylvester

Scheme of work for each year group outlining subject content, method of delivery and details.

KEY

Careers education/ work experience and personal finance	Taught in Personal Development & in Destinations lessons	
Fundamental British values	Taught in Personal Development	
Sex and relationships education	Taught in Personal Development lessons	
Citizenship	Taught in Personal Development	
PSHE	Taught in Personal Development lessons	

^{**}Additional UCAS lessons to be delivered in tutorial for Yr. 13

	Topic 1	Topic 2	Topic 3	Topic 4
12	Diversity and Equality in the UK Diversity and Equality in the UK Masculinity and Men Knife Crime and Safety Dealing with anger and frustration How is Cancer Diagnosed Medical Ethics and Blood Donation	Drugs & Risk Education □ Drugs, alcohol and safety □ Substance Misuse □ Drugs and their effects □ Drugs and their classifications □ Drugs Education - Exploring MDMA, Ecstasy	Health & Wellbeing Health and Wellbeing Healthy eating – Cholesterol Immunisation & Vaccination Eating Disorders and the Science behind them Stress Management	Personal finance Taxes and the UK Banks and Money Paperwork and Employment Add extra here if needed
13	Revisiting Sexual Health Education Online Pornography Fertility and what impact it Alcohol and bad choices Importance of Sexual Health Revisiting Contraception Revisiting STI's Respect and Relationships	Drugs and their classifications □ Drugs - Festivals and Nitrous Oxide □ Drugs - The War on drugs □ Drugs - New Psychoactive Substances (NPS) □ Drugs - Exploring date rape drugs - GHB (& GBL) □ Drugs - Crack Cocaine □ Drugs - Exploring Heroin	Emotional Wellbeing Mental Health Nature Vs Nurture Looking after Health and Wellbeing Physical health Improving Body Image Stress Life Events Exercise and Sleep Stress Management	