

## Appendix 3

### Meden School Long Term Plan 2025/26

Lead Teacher: Michael Sylvester

Scheme of work for each year group outlining subject content, method of delivery and details of how parents have been consulted in the construction of this scheme. For primary schools it will also outline where sex education goes beyond the science national curriculum.

#### KEY

<b>Careers education/ work experience and personal finance</b>	Careers education and work experience taught in careers lessons during tutorial once a week. Personal finance taught in PD lessons.
<b>Fundamental British values</b>	Taught in Personal Development lessons and in RE
<b>Sex and relationships education</b>	Taught in Personal Development lessons
<b>Citizenship</b>	Taught in Personal Development lessons and in RE
<b>PSHE</b>	Taught in Personal Development lessons Cross curricular links to science and physical education

	Half term 1. September to October	Half term . October to December	Half term. January to February.	Half term. February to March	April to May	June to July
7	<p>Topic 1 How does the law impact on relationships?</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Is marriage important?</li> <li><input type="checkbox"/> What is a hate crime? Including the issue of misogyny</li> <li><input type="checkbox"/> Why is it important to be aware of hate crime?</li> <li><input type="checkbox"/> How can sexting damage relationships?</li> <li><input type="checkbox"/> The dangers of drugs (alcohol and smoking).</li> <li><input type="checkbox"/> What is democracy?</li> </ul>	<p>What are respectful relationships?</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Positive and healthy friendships</li> <li><input type="checkbox"/> Types of bullying</li> <li><input type="checkbox"/> Different national, ethnic and religious identities</li> <li><input type="checkbox"/> Improving the community</li> </ul>	<p>Intimate &amp; sexual relationships, Health &amp; wellbeing.</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> What are the characteristics and positives of one-to-one relationships?</li> <li><input type="checkbox"/> Exercise and mental health.</li> <li><input type="checkbox"/> Puberty and emotional changes including menstrual wellbeing</li> </ul>	<p>Online and Media. LGBTQ rights and issues.</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Rights, responsibilities and opportunities online.</li> <li><input type="checkbox"/> Challenging homophobia</li> <li><input type="checkbox"/> Physical health (dental sun safety)</li> <li><input type="checkbox"/> Recognising your money personality</li> </ul>	<p>Being Safe and how the UK works.</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Forced marriage</li> <li><input type="checkbox"/> Honour-based violence</li> <li><input type="checkbox"/> FGM</li> <li><input type="checkbox"/> How do we cope with our mental health? Eating disorders &amp; self-harm.</li> <li><input type="checkbox"/> How can I keep safe in waterways and manage peer influence?</li> <li><input type="checkbox"/> Why is community important?</li> </ul>	<p>Families</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Roles and responsibilities of parents in bringing up children.</li> <li><input type="checkbox"/> Dealing with bereavement</li> <li><input type="checkbox"/> First aid</li> </ul>
8	<p>How does the law impact on relationships?</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Why is consent an important part of a relationship?</li> <li><input type="checkbox"/> What is sexuality and sexual orientation?</li> <li><input type="checkbox"/> What is gender identity?</li> <li><input type="checkbox"/> How to be aware of criminal exploitation including knife crime.</li> <li><input type="checkbox"/> The law relating to the supply, use and misuse of legal and illegal substances.</li> <li><input type="checkbox"/> Democracy – how would you do it?</li> </ul>	<p>What are respectful relationships?</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Why is respect and tolerance important? (Uniqueness)</li> <li><input type="checkbox"/> Who can be impacted by a lack of respect and tolerance?</li> <li><input type="checkbox"/> What are the consequences of being violent towards someone?</li> <li><input type="checkbox"/> Why is equality important in Britain?</li> </ul>	<p>Intimate &amp; sexual relationships, Health &amp; wellbeing.</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> How can we identify and manage peer pressure including gambling</li> <li><input type="checkbox"/> Managing peer pressure – nude image sharing (sexting).</li> <li><input type="checkbox"/> Identify mental health issues and respond to them</li> <li><input type="checkbox"/> Puberty and emotional changes</li> </ul>	<p>Online and Media. LGBTQ rights and issues.</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> What online risks are there?</li> <li><input type="checkbox"/> How is information and data shared and used online?</li> <li><input type="checkbox"/> Challenging homophobia (gay rights)</li> <li><input type="checkbox"/> How to budget and make effective financial decisions</li> </ul>	<p>Being Safe and how the UK works.</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> What is emotional abuse?</li> <li><input type="checkbox"/> What is physical and sexual abuse?</li> <li><input type="checkbox"/> What is coercion?</li> <li><input type="checkbox"/> FGM – what is it, why is it so serious and what can we all do to help?</li> <li><input type="checkbox"/> How can you contribute to the wider community?</li> </ul>	<p>Families</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> How to determine whether someone is trustworthy</li> <li><input type="checkbox"/> First aid</li> <li><input type="checkbox"/> Dealing with bereavement</li> </ul>
9	<p>How does the law impact on relationships?</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Why is violence against women and girls such an important issue?</li> <li><input type="checkbox"/> Why can pornography be damaging to relationships?</li> <li><input type="checkbox"/> Why could watching pornography be dangerous?</li> <li><input type="checkbox"/> Why is the rule of law important in the UK and how does it link to knife crime?</li> <li><input type="checkbox"/> What is substance misuse and what issues can it cause?</li> </ul>	<p>What are respectful relationships?</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Why is it difficult to end a relationship? How should this be done?</li> <li><input type="checkbox"/> How to manage conflict well.</li> <li><input type="checkbox"/> Why is conflict management important?</li> <li><input type="checkbox"/> How can we prevent extreme views online?</li> <li><input type="checkbox"/> Holding those in power to account</li> </ul>	<p>Intimate &amp; sexual relationships, Health &amp; wellbeing.</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> What are the characteristics and positives of one-to-one relationships?</li> <li><input type="checkbox"/> Intimacy without sex and contraceptive choices</li> <li><input type="checkbox"/> What is an STI?</li> <li><input type="checkbox"/> How can someone keep the intimate areas on their body healthy?</li> <li><input type="checkbox"/> The impact of sleep on health and mental wellbeing (including diet).</li> </ul>	<p>Online and Media. LGBTQ rights and issues.</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Sharing material with others online</li> <li><input type="checkbox"/> Coming out in sport</li> <li><input type="checkbox"/> Gender neutral fashion</li> <li><input type="checkbox"/> Understanding bank accounts and savings</li> </ul>	<p>Being Safe and how the UK works.</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> What is sexual consent?</li> <li><input type="checkbox"/> What is sexual exploitation?</li> <li><input type="checkbox"/> What happens if you don't get consent?</li> <li><input type="checkbox"/> Why is the rule of law important in Britain?</li> </ul>	<p>Families</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Long-term relationships and their legal status</li> <li><input type="checkbox"/> Are e-cigarettes damaging?</li> <li><input type="checkbox"/> First aid</li> </ul>

10	<p>How does the law impact on relationships?</p> <ul style="list-style-type: none"> <li>❑ How do criminal gangs exploit children?</li> <li>❑ How to spot the signs of criminal exploitation including knife crime</li> <li>❑ What are the classifications of drugs?</li> <li>❑ What are the positives and negatives of UK democracy?</li> </ul>	<p>What are respectful relationships?</p> <ul style="list-style-type: none"> <li>❑ What is sexual harassment?</li> <li>❑ Why is sexual harassment an issue today?</li> <li>❑ Criminal relationships – what are they?</li> <li>❑ What is Britain's relationship with the EU?</li> <li>❑ What is Britain's relationship with the UN?</li> </ul>	<p>Intimate &amp; sexual relationships, Health &amp; wellbeing.</p> <ul style="list-style-type: none"> <li>❑ Why is pregnancy a significant life choice?</li> <li>❑ Fertility and routes to parenthood.</li> <li>❑ Addictive behaviours (social media/ gambling)</li> <li>❑ What concerns do people have about their bodies and how does that impact my physical health</li> </ul>	<p>Online and Media. LGBTQ rights and issues.</p> <ul style="list-style-type: none"> <li>❑ Impacts of viewing harmful content (misogynistic extremism).</li> <li>❑ What effect do relationships have on our health?</li> <li>❑ STI's – what impact can they have on you and how can you reduce risks?</li> <li>❑ Why is LGBTQ+ history month important?</li> <li>❑ How and why does the LGBTQ+ community face discrimination?</li> <li>❑ What is financial risk and security?</li> </ul>	<p>Being Safe and how the UK works.</p> <ul style="list-style-type: none"> <li>❑ How can assumptions be bad for sexual encounters?</li> <li>❑ How can communication and respect be important when giving consent?</li> <li>❑ Influencing decision making through the democratic process</li> <li>❑ What are the risks associated with cosmetic and aesthetic procedures?</li> </ul>	<p>Families</p> <ul style="list-style-type: none"> <li>❑ The different types of committed relationships and how these contribute to happiness.</li> <li>❑ Domestic violence</li> <li>❑ First aid</li> </ul>
11	<p>How does the law impact on relationships?</p> <ul style="list-style-type: none"> <li>❑ What is abortion</li> <li>❑ What is the legality of abortion in the UK?</li> <li>❑ Why is it important to understand the dangers of extremism and radicalisation?</li> <li>❑ Types of government around the world</li> </ul>	<p>What are respectful relationships?</p> <ul style="list-style-type: none"> <li>❑ How can stereotypes be damaging to relationships?</li> <li>❑ How do the media portray relationships?</li> <li>❑ Why can pornography be damaging to relationships?</li> <li>❑ What is meant by cultural harmony and why is it important?</li> <li>❑ How important is Britain's relationship with the commonwealth?</li> </ul>	<p>Intimate &amp; sexual relationships, Health &amp; wellbeing.</p> <ul style="list-style-type: none"> <li>❑ Why is it important to use contraception?</li> <li>❑ Can STI's impact fertility?</li> <li>❑ What is capacity to consent?</li> <li>❑ What does grief feel like?</li> </ul>	<p>Being safe</p> <ul style="list-style-type: none"> <li>❑ How can I set myself up for financial independence?</li> <li>❑ What problems can be caused by binge drinking?</li> <li>❑ What are the dangers of smoking and using e-cigarettes?</li> <li>❑ Staying healthy (using the NHS)</li> </ul>		

