



MEDEN

ASPIRATION EXCELLENCE ACHIEVE



We are delighted to introduce our extra-curricular programme for 2024-25; the Meden School Electives Programme. This is an exciting opportunity for your child to engage in a diverse range of activities beyond the curriculum.

The Electives Programme is designed to support our mission statement which is 'to create a caring school with high levels of aspiration for all our pupils. Ultimately, they will fulfil their potential and go on to lead successful adult lives' We believe that a strong extra-curricular experience is essential for nurturing the unique talents, interests, and aspirations of each individual.

In the Electives Programme, your child can choose different options each term, allowing them to explore a range of different interests which is key to their personal development.

There are three categories of electives which are:

Academic Electives: These electives offer a chance for your child to explore an academic subject in more depth and breadth than the taught curriculum. They encourage intellectual curiosity, critical thinking, and a deeper understanding of various disciplines. These electives will particularly support our students in Year 9 with making their GCSE choices.

**Physical and Wellbeing Electives:** Physical fitness and a healthy lifestyle are crucial for the overall well-being of our students. These electives focus on developing physical strength, enhancing teamwork and leadership skills, and fostering a spirit of sportsmanship as well as supporting our students with mental well-being.

**Social Action Electives**: Social Action electives are a vital component of our school's commitment to developing responsible, compassionate, and engaged citizens. They are designed to empower students to give back to their community, make a meaningful difference, and positively impact the world around them. Through participation in Social Action projects, students will have the opportunity to address real-world issues, develop leadership skills, and contribute to the well-being of others. By fostering a sense of social responsibility, our students will not only enhance their own personal growth but also contribute to creating a more just and caring society.

We believe in raising aspirations, being ambitious, hard-working, empathetic, determined, tolerant and resilient. We also promote an excellent attitude to learning and maintain a high standard of behaviour.

This guide has been designed to assist your child in selecting their electives for the upcoming term. It includes all relevant information for each elective.

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Mr Warren Byrne Associate School Leader



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### Academic Electives





### **Book Club**

### What is the Elective Summary?

- A relaxed book club where students read high-quality texts focusing on contemporary issues.
- We will read and discuss the literary value of the texts in relation to modern times.
- Consideration of themes from a 21st-century perspective.
- Use of oracy skills to debate and link to topical issues.

### What Knowledge will I Gain?

- Exposure to a wide variety of writers outside the English Literature GCSE and A Level courses.
- Understanding how contemporary writers address challenging issues in their texts.

### Which Meden Principles will I Develop?

- **Aspiration**: Widening knowledge of quality literature to support and inform choices for A Level.
- Achieve: Developing understanding of writers' methods.
- **Kind/Polite/Responsible**: Discussing topical issues with sensitivity and diplomacy.

- Journalism
- Creative writing
- Politics



### **School Show**

### What is the Elective Summary?

- The elective will run on Thursdays from 3:30 to 5:00 PM in the Hall.
- Starting from Easter 2025, it will also run on Tuesdays from 3:30 to 5:00 PM in the Hall.

### What Knowledge will I Gain?

 You will gain a variety of skills including theatrical and drama skills, creativity, acting, communication, concentration, cooperation, oracy, confidence, discipline, resilience, singing, teamwork, leadership, commitment, dancing, planning, and organization.

### Which Meden Principles will I Develop?

- **Aspiration**: Encouraging pursuit of excellence in theatrical performances.
- Excellence: Striving for high standards in all aspects of the production.
- **Achieve**: Developing and mastering various performance and organizational skills.
- **Kind/Polite/Responsible**: Working collaboratively and respectfully with peers and instructors.

- Theatre careers
- Media careers
- Teaching
- Design
- Law
- Medicine



### **Table Top Games**



### What is the Elective Summary?

• Students can come and play a variety of table top games, including board games and card games.

### What Knowledge will I Gain?

- You will learn how to engage in these activities competitively, but fairly and politely.
- This includes understanding game rules, developing strategies, and improving problem-solving skills.

### Which Meden Principles will I Develop?

- **Kindness**: Encouraging empathy and consideration for others' feelings, especially in competitive situations.
- **Politeness**: Promoting respectful communication and good sportsmanship, ensuring a positive and inclusive environment for all participants.

- **Social Skills**: Playing table top games enhances social interaction, teaching you how to work collaboratively and effectively with others, which is essential in any workplace.
- **Teamwork and Collaboration**: Learning to play and teach games fosters teamwork, a critical skill in many careers, from corporate environments to creative industries.
- **Leadership and Teaching**: By teaching other students how to play certain games, you develop leadership and instructional skills, which are valuable in all professional fields.
- **Problem-solving and Strategic Thinking**: Many table top games require strategic planning and critical thinking, skills that are highly sought after in careers such as business, engineering, and technology.
- Adaptability and Resilience: Engaging in games teaches you how to handle
  wins and losses gracefully, building resilience and the ability to adapt to
  changing circumstances, important traits for any career path.



### **Debate Club**



### **Elective Summary:**

Students discuss various questions linked to the humanities that promote thinking critically, respectfully challenging different opinions, and being open-minded to other worldviews. The questions are chosen bi-weekly and are a combination of the teacher and students deciding what they discuss. Debates are regularly linked to current affairs, building cultural capital.

### What Knowledge will I Gain?

I will gain the ability to develop my cultural capital based on what the students say while refining the oracy agenda. Speaking and listening are critical to the debate club's success, which directly impacts how I use debate in my classroom.

I also gain insight into what facilitates better talk, such as giving students adequate prep time before discussion and seeing how they can invite others into conversation and respectfully challenge them.

### Which Meden Principles will I Develop?

- **Aspiration:** Students who might feel they need more confidence talking in class feel confident in the smaller setting of the debate club. It encourages them to aspire to have their voice heard in bigger settings because what they have to say matters.
- **Excellence:** Speaking to listen and respond to what is being said whilst retaining your own thoughts is challenging.
- Achieve: Students 'win' the debate depending on specific categories.
- **Kind, Polite and Responsible:** How students conduct themselves in the debate is a crucial aspect of deciding who is successful.

### How does it link to Future Careers?

Debate club is linked to future careers because in every job, you are going to have different opinions on how things get done. Therefore, being able to balance your own view with those of others, negotiating, and reaching compromises on ideas are all key skills debate club develops.

Being a lawyer, teacher, manager all require you to be able to communicate well with people and debate club directly supports students to develop this skill.



### **Psychology Club**

### What is the Elective Summary?

- Practicing experiments done in psychology.
- Learning psychological facts.
- Engaging in discussions about various psychological theories and their applications.

### What Knowledge will I Gain?

- Understanding the wider world and why people behave the way they do.
- Insights into psychological research methods and how to conduct experiments.

### Which Meden Principles will I Develop?

- **Aspiration**: This will stretch students and expose them to higher thinking.
- **Excellence**: Encouraging a high standard of analytical thinking and understanding complex psychological concepts.

- Psychology is linked to many careers, such as HR, social work, and teaching.
- Provides a foundation for further studies in psychology and related fields, opening opportunities in mental health, counselling, and research.



### **Sewing Club**

### What is the Elective Summary

- A sewing club based on the theme of 'unconventional embroidery' using hand embroidery skills to embroider through thin woods and plastic.
- Build on the Key Stage 3 textiles project by finding your own, more difficult designs and embroidering on a slightly larger scale.
- Possible projects include creating an embroidered animal or a textile-based product like a drawstring bag.

### What Knowledge will I Gain?

- Gain and consolidate knowledge of hand embroidery stitches, specifically back stitch.
- Learn to use the pillar drills and general sewing equipment.
- Create embroidered products using wood or plastic, and learn other textile techniques like appliqué.

### Which Meden Principles will I Develop?

- **Achieve:** Aim to achieve brilliant practical outcomes based on our theme of 'unconventional embroidery' and your own personal textiles outcome.
- **Responsible:** Develop a sense of responsibility towards others by being careful and responsible with the equipment and tools you use.

### How does it Link to Future Careers?

 Hand embroidery helps with dexterity of fine motor skills, useful in careers such as surgery or any creative field.



### **Robotics**



### What is the Elective Summary?

Students will work together in teams to build a Vex IQ robot.

This involves assembling mechanical parts and learning how they work through practical investigation.

Once the robot is constructed, students will program it to complete a range of tasks.

### What Knowledge will I Gain?

Knowledge of robotics and mechanisms. Skills in programming and team working.

### Which Meden Principles will I Develop?

**Aspiration:** Linking to careers in robotics, mechanical engineering, and programming. Building collaborative team working skills.

**Excellence:** Striving for high-quality construction and programming of the robot. Encouraging precision and attention to detail in mechanical and programming tasks.

### How does it Link to Future Careers?

Working in robotics, mechanical engineering, and manufacturing careers. Provides foundational skills for careers in technology development and engineering research.



### **KS3 Stem Club CREST AWARD**



### **Elective Summary:**

Students will plan and carry out a Science project over the term and earn a CREST award qualification.

### What Knowledge will I gain?



The project work empowers students to work like real scientists, technologists, engineers or mathematicians. Students choose their own topic and methodologies, giving them complete freedom over their work.

CREST empowers ;young people to investigate issues they care about, helping them see how science is relevant to their everyday lives and futures, and raising their STEM aspirations at school and beyond; whilst building their confidence and communication skills.

### Which Meden Principles will I Develop?

- **Aspirations:** to complete a research project that relates to a real life situation and upskill in a STEM subject.
- **Excellence**: high expectations of yourself and your team whilst carrying out the project, to ensure high quality results that have an impact.
- Achieve: gain a qualification!
- **Kind, polite and responsible**: you will need to work both independently and as a team to complete the project, you will need to commit to completing it over a full term (it takes 10+ hours to gain the award) and will need to therefore be kind and supportive of others in your group but ensure you are responsible for your project being completed on time.

### How does it link to future careers?

STEM skills are vital to the UK economy for growth, development and emerging markets but the UK is facing a STEM skills shortage. CREST enables students to see themselves as scientists and engineers, inspiring them to pursue further STEM study and careers.

CREST projects, ignite a passion for science and challenging stereotypes of who scientists are and what they do. Students who complete Silver CREST Awards see an improvement of half a grade in GCSE science, rising to two-thirds of a grade for those eligible for free school meals. Students who complete Silver CREST Awards are 21% more likely to study STEM subjects at AS level, rising to 38% for students eligible for free school meals.



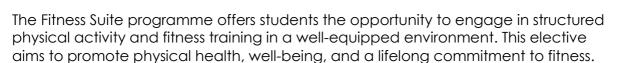
# Physical and Wellbeing Electives





### Fitness Suite - Monday or Tuesday

### **Elective Summary:**



### What Knowledge will I Gain?

- Understanding of various exercise techniques and how to use fitness equipment safely and effectively.
- Knowledge of personal fitness planning and goal setting.
- Insight into the importance of regular physical activity and its benefits for physical and mental health.
- Awareness of different types of workouts, such as cardiovascular, strength training, flexibility, and endurance exercises.

### Which Meden Principles will I Develop?

- **Aspiration:** Students will be encouraged to set personal fitness goals and work towards achieving them, fostering a sense of ambition and a desire to improve.
- **Excellence:** The programme emphasises proper technique and perseverance, guiding students to strive for high standards in their physical activities.
- **Achieve**: Students will experience personal growth and accomplishments in their physical fitness.
- Kind: The group setting promotes teamwork and mutual support, teaching students to encourage and help one another.
- **Polite**: Respect for the fitness suite rules and equipment, as well as courteous interaction with peers and instructors, will be emphasised.
- **Responsible**: Students will learn to take responsibility for their own health and fitness, including following safety guidelines and maintaining equipment.

- Providing foundational knowledge for careers in health, fitness, and sports industries, such as personal training, physiotherapy, sports coaching, and nutrition.
- Enhancing transferable skills such as discipline, goal setting, perseverance, and teamwork, which are valuable in any career.
- Promoting overall well-being and stress management, contributing to better performance in academic and professional pursuits.
- Inspiring a potential interest in fields related to physical education, sports science, and health promotion.



### **Mindfulness**



### **Elective Summary:**

A group in order to support well-being, allow students to reflect on positives to help them feel more positive and confident. Allow time to relax, de-stress and accept feeling overloaded or overwhelmed but support students to deal and act appropriately to support their mental health.

### What Knowledge will I Gain?

Effective strategies to support mindfulness and acknowledging feeling overwhelmed but trying techniques to help students manage stress levels.

### Which Meden Principles will I Develop?

**Responsibility**: taking responsibly in helping their well-being and seeking the support when necessary.

### How does it link to future careers?

Benefits of mindfulness in the workplace also include improvements in task commitment, and enjoyment of work.

Mindfulness results in improved social relationships. Positive workplace relationships can have a significant impact. They buffer the effects of workplace stressors, promote thriving in employees, and foster communication, creativity and citizenship behaviours.

Mindfulness helps people interact positively with others. It also shields them from others' negative emotions and agitation by helping them manage their own feelings and react less strongly.



### Film Club



### **Elective Summary**

Watch a diverse range of films, including classics, contemporary releases, and international cinema.

Analyse films in-depth, discussing themes, cinematography, storytelling techniques, and directorial styles.

Use film as a tool to explore and bring to life various curriculum areas, enhancing understanding and engagement in subjects across the arts and sciences.

### What Knowledge Will I Gain?

Develop the ability to write insightful and engaging film reviews.

Learn the specific writing style and structure used in professional film criticism. Enhance analytical skills by examining film elements such as narrative, visual style, and symbolism.

Gain an understanding of how film connects different arts and sciences, providing a holistic view of the creative and technical aspects of filmmaking.

### Which Meden Principles Will I Develop?

**Aspiration**: Cultivate a deeper appreciation for cinema and strive for excellence in film analysis.

**Excellence**: Aim to produce high-quality reviews and discussions that reflect a thorough understanding of film.

**Achieve**: Set and accomplish personal goals related to understanding and critiquing films effectively.

**Collaboration and Communication**: Through filmmaking activities, develop essential life skills such as teamwork, enterprise, and problem-solving.

### How Does It Link to Future Careers?

Provides a foundation for careers in film criticism, journalism, screenwriting, or any field that benefits from strong analytical and creative skills.

Develops skills valuable for roles in media, communications, and content creation. Offers experience in critical thinking and persuasive writing, applicable in a variety of professional contexts.

Engages students with diverse cultural experiences through film, broadening their perspectives and enhancing their ability to connect with different worldviews, which is valuable in global careers.



### **Netball (Winter) Rounders (Summer)**





### **Elective Summary:**

An after-school sports club including drills and games linked to netball/rounders. Students from all years, genders and abilities are welcome, no trials or invitation needed.

### What Knowledge will I Gain?

Students will learn and develop rules, skills and tactics of netball/rounders to allow students to take part in fixtures against other schools throughout the year.

### Which Meden Principles will I Develop?

Students will show **aspiration** to compete for the school. Students will show excellence when competing for the school. Students will be **kind**, **polite and responsible** through sportsmanship and playing by the rules.

### How does it link to Future Careers?

Taking part in a sport/ playing for a team is often looked upon favourably by employers and further/higher education. Students will develop teamwork, empathy and communication skills.



### **Hockey Club**



### **Elective Summary**

Engage in regular hockey practice sessions, focusing on developing fundamental skills such as dribbling, passing, shooting, and defensive strategies.

Participate in team drills and matches to improve game awareness, tactical understanding, and physical fitness.

Learn the rules and regulations of hockey, along with sportsmanship and teamwork principles.

### What Knowledge Will I Gain?

Gain a comprehensive understanding of hockey techniques, including stick handling, positioning, and game strategy.

Develop physical fitness, agility, and endurance through regular practice and conditioning exercises.

Learn how to work effectively within a team, enhancing communication and collaboration skills.

Understand the importance of strategy, positioning, and quick decision-making in a fast-paced sports environment.

### Which Meden Principles Will I Develop?

**Aspiration**: Set personal and team goals, striving for continuous improvement in skills and performance.

**Excellence**: Commit to regular practice and effort to achieve high standards in both individual and team play.

**Achieve**: Work towards and celebrate accomplishments in skill development and competitive matches.

**Kind and Polite**: Demonstrate good sportsmanship, respect for teammates, opponents, and officials, fostering a positive and supportive team environment.

**Responsible:** Take ownership of your role within the team, showing commitment and dedication to both practice and competition.

### **How Does It Link to Future Careers?**

Builds leadership and teamwork skills, essential for careers in sports management, coaching, or any team-oriented profession.

Develops discipline, time management, and goal-setting abilities, which are valuable in any career path.

Provides a foundation for potential future involvement in sports, whether as a player, coach, or sports-related professional.

Enhances communication skills and the ability to work under pressure, relevant in numerous professional fields.



### **EFD Sport and Education**



### **Elective Summary:**

We provide grassroots footballers with the opportunity to access academy style/standing evening football coaching sessions. Our Lead Coaches Ben Osborn and Jack Andrews, hold UEFA A & B Licences which means they can manage and coach young teams up to adult professional teams at Championship level.

Ben and Jacks experience as footballers, both growing up coming through Nottingham Forest Academy, with Ben now playing in the Premier League and Jack playing Semi-Professionally, coupled with a wealth of coaching experience and academic qualifications, means they're able to create sessions which are academy standard/style without the pressurised environment enabling young footballers to develop technically whilst enjoying their football.

### What Knowledge will I Gain?

New sports and physical activities. Personal and sporting goal-setting techniques. Health benefits and active lifestyle habits.

### Which Meden Principles will I Develop?

**Achieve**: Progress in personal and sporting goals. **Polite**: Learning sportsmanship and teamwork.

**Responsible**: Committing to regular practice and participation.

### How does it link to Future Careers?

Potential scouting opportunities for professional sports.

Learning from experienced coaches and professional athletes.

Development of discipline and perseverance applicable in any career.



### **Football**

### **Elective Summary**

Participate in regular football training sessions, focusing on developing core skills such as passing, dribbling, shooting, and defending.

Engage in tactical drills and small-sided games to enhance understanding of team strategies, positioning, and match play.

Learn the rules, techniques, and strategies of football while fostering teamwork and sportsmanship.

### What Knowledge Will I Gain?

Gain a solid understanding of football techniques, including ball control, passing accuracy, and defensive tactics.

Improve physical fitness, agility, and endurance through structured training and conditioning exercises.

Develop teamwork and communication skills by working closely with teammates during drills and matches.

Learn about game strategy, decision-making, and the importance of positioning on the field.

### Which Meden Principles Will I Develop?

**Aspiration**: Set personal and team goals, pushing yourself to improve your skills and understanding of the game.

**Excellence**: Strive for high performance levels through dedication to training and attention to detail in your play.

**Achieve**: Work hard to reach milestones in your skill development and contribute to team success during matches.

**Kind and Polite**: Show respect and sportsmanship to teammates, opponents, and referees, fostering a positive and supportive environment.

**Responsible**: Demonstrate commitment and accountability by attending training sessions regularly and fulfilling your role within the team.

### How Does It Link to Future Careers?

Develops leadership and teamwork abilities, valuable for careers in sports management, coaching, or any collaborative profession.

Enhances physical fitness and discipline, which are important for careers in health, fitness, or sports.

Provides a foundation for potential careers in professional sports, coaching, or sports journalism.

Builds communication, strategic thinking, and problem-solving skills, which are transferable to a wide range of career paths.



### **Badminton**



### **Elective Summary**

Participate in regular badminton sessions that focus on developing essential skills such as serving, smashing, drop shots, and footwork.

Engage in both singles and doubles matches to enhance your understanding of game tactics, positioning, and strategy.

Learn the rules, scoring systems, and etiquette of badminton, while promoting sportsmanship and teamwork.

### What Knowledge Will I Gain?

Gain proficiency in badminton techniques, including shot selection, movement, and tactical play.

Improve physical fitness, agility, and hand-eye coordination through consistent practice and drills.

Develop strategic thinking by learning how to anticipate opponents' moves and plan effective game strategies.

Learn the importance of focus, precision, and quick decision-making in a fast-paced sports environment.

### Which Meden Principles Will I Develop?

**Aspiration**: Set personal goals to continually improve your badminton skills and overall performance.

**Excellence**: Commit to mastering techniques and strategies, striving for high performance in both practice and competition.

**Achieve**: Work towards personal and team milestones in skill development and match play.

**Kind and Polite**: Exhibit good sportsmanship, respect for opponents, and encouragement for teammates, fostering a positive playing environment.

**Responsible:** Show dedication to regular practice, demonstrating responsibility for your own development and contribution to the club.

### How Does It Link to Future Careers?

Develops discipline, focus, and time management, which are valuable in any professional setting.

Builds leadership and teamwork skills, applicable to careers in coaching, sports management, or any team-oriented field.

Provides a foundation for potential involvement in professional badminton or sportsrelated careers, such as coaching or sports journalism.

Enhances problem-solving and strategic thinking abilities, which are transferable to a wide range of career paths.



## Social Action Action Electives







### **Eco Warriors**

### **Elective Summary:**

- Maximise the sustainability of Meden school through collecting paper from around school and placing this in the correct recycling bin. Without the Eco Warriors, all of this paper waste would head to landfill
- Debates on topics related to the environment such as 'should we ban private jets'. Students will get time to plan and debate these topics in the enrichment time.
- Going around school and assessing how sustainable Meden is. This will be completed through an environmental quality survey. This helps students to gain fieldwork experience outside the classroom. Students can use this to help implement changes.
- Opportunities to write letters that express concerns or opinions to politicians (national or local) to strive for environmental protection.
- Watching informative documentaries about world issues and debate/review findings.
- Learning ways to look after our planet for future generations.

### What Knowledge will I Gain?

- Understanding of how to be more sustainable.
- Understanding of why it is important to recycle.
- How to lead people in the group and around school.

### Which Meden Principles (Aspiration Excellence Achieve Kind Polite and Responsible), will I Develop?

- **Responsibility** of doing your bit to reduce waste going to landfill.
- Being kind and polite to others in the group.
- Having high aspirations to drive change in the world through improving the environment.

### How does it link to future careers or Social Action?

You will develop the following employability skills:

- Leadership leading yourself by speaking to staff and finding out where to collect recycling from around school.
- Working as a team
- Problem solving
- Fieldwork skills



### **Eco Gardening**



### **Elective Summary:**

Working in conjunction with the Eco Warriors activity with Mr Sylvester, pupils will cultivate land near the forest School to grow a range of vegetables and plants that will need nurturing before being available for pupils to consume.

Indoor workshop activities can also be included to create garden related products.

### What Knowledge will I Gain?

Pupils will gain knowledge of different plants and vegetables and the timings and methods needed to create successful outcomes whilst building patience, commitment and working as a team in their personal development.

### Which Meden Principles will I Develop?

Taking **responsibility** of attending the club on a regular basis and aspiring to nurture plants and vegetables.

### How does it link to future careers?

Apart from working in the agriculture/horticultural sector, this is an opportunity for pupils to build up knowledge and principles noted above.



### **Duke of Edinburgh**



### **Elective Summary**

The Duke of Edinburgh (DofE) Award, available at both Bronze and Silver levels, offers a year-long journey of personal development and achievement. Participation in the DofE program requires a strong commitment, with compulsory attendance at all after-school sessions. This is not a drop-in/drop-out program; consistent engagement is essential to complete the award successfully.

### What Knowledge Will I Gain?

Through the DofE Award, you will embark on a comprehensive and rewarding experience that includes voluntary service, skill development, physical fitness, and an adventurous weekend expedition. You will learn to navigate using maps, enhance your physical fitness, develop or improve a skill of your choice, and contribute to your community through volunteer work. Additionally, the DofE program is designed to foster essential life skills such as teamwork, communication, resilience, and leadership, preparing you for future challenges both personally and professionally.

### Which Meden Principles Will I Develop?

**Aspiration**: You will set and achieve ambitious goals across various activities, pushing yourself to new heights.

**Excellence**: The program encourages you to strive for excellence in every aspect, from mastering a new skill to contributing meaningfully to your community.

**Achieve**: You will reach significant milestones, whether it's completing a challenging expedition or making a positive impact through volunteering.

**Kind and Polite**: Through volunteering and teamwork, you will demonstrate kindness, politeness, and respect for others.

**Responsible**: The DofE Award requires commitment, responsibility, and accountability, qualities that will be developed and honed throughout the program.

### How Does It Link to Future Careers?

The DofE Award is widely recognized by colleges, universities, and employers as a mark of dedication, perseverance, and personal growth. Completing the DofE Award showcases your ability to set and achieve goals, work consistently over time, and demonstrate responsibility. These attributes are highly valued in the workplace and can set you apart in job applications, interviews, and career progression. The skills and experiences gained through the DofE program are transferable to any career path, making it a significant asset in your personal and professional development.



### **Warsop Time Travellers**



### **Elective Summary:**

The Warsop Time Travellers Club is an after-school group dedicated to discovering and learning about our local history. We will explore family trees, the old market in Market Warsop, the Mods and Rockers culture, local media representations, and the history of the local coal pits. Join us for fun, engaging activities, and a deeper understanding of our community's past!

### What Knowledge will I Gain?

Students will learn about:

- Family Trees: How to trace their ancestors.
- Old Market: The history of Market Warsop's marketplace.
- Mods and Rockers: Youth culture and its impact locally.
- Local Media: How newspapers and TV showed local events.
- **Pit History**: The story of local coal mining and its importance.

They will gain skills in researching, understanding historical events, and appreciating their local heritage.

### Which Meden Principles will I Develop?

In the Warsop History Explorers Club, students will develop the following Meden Principles:

- Aspiration: By setting goals to discover and learn about your local history.
- Excellence: Through dedicated research and thorough understanding of historical events.
- Achieve: By completing projects and sharing your findings with others.
- **Kind**: By respecting and valuing the stories and experiences of people from the past.
- **Polite**: Through collaboration and respectful discussion with fellow club members.
- Responsible: By taking care of historical materials and presenting accurate information.

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### How does it link to Future Careers?

A local history club helps students develop skills useful for future careers:

- **Research**: Finding and analysing information.
- **Critical Thinking**: Evaluating sources and understanding context.
- Communication: Presenting findings clearly and effectively.
- **Teamwork**: Collaborating with others on projects.
- Attention to Detail: Ensuring accuracy in work.

These skills are valuable in many careers such as education, journalism, research, heritage management, and more.



### **Timetable of Activities**

### **Monday**

Extra-Curricular	Location	Teacher
Duke of Edinburgh	A10	Mr Farnworth, Miss Woodfield, Miss Cooper, Miss Cave, Mrs Etheridge, Mr Armson
Debate Club	B14	Mr McDermid
Fitness Suite	Fitness Suite	Mr Oxford
Netball (winter) Rounders (summer)	Sports Courts	Miss Clarke
Robotics	K5	Mr Ringer
Mindfulness	B4	Miss Clogg
Psychology Club	A8	Miss Hayes
Film Club	B6	Mr Bird
Football	Sports Courts	Mr Buxton

### <u>Tuesday</u>

Extra-Curricular	Location	Teacher
Book Club	B26	Mrs Gibney
Duke of Edinburgh	A10	Mr Farnworth, Miss Woodfield, Miss Cooper, Miss Cave, Mrs Etheridge, Mr Armson
Eco Warriors/ Garden	B15	Mr Sylvester, Mr Bailey
Table Top Games	A17	Mr Cheetham
Fitness Suite	Fitness Suite	Mrs Rowland
Warsop Time Travellers	B22	Mrs Little
Sewing Club	K9	Mrs Rawling
Crest Award	A9	Miss Szabo, Miss Holmes
Badminton	Sports Hall	Mr Wiesztort

### <u>Thursday</u>

Extra-Curricular	Location	Teacher
School Production	Hall Drama Studio	Mrs Promosso-Migliore, Mr Clarke, Mrs Archdale, Mrs Mascareno Vera, Mrs Streets
EFD Sports	Sports courts	EFD Development Team
Hockey	Sports courts	Mrs Kinney



### **Meden School**

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