# How we deal with bullying at Meden



### Report

If you are being bullied, or see bullying happening, tell a member of staff straight away or email the bullying email address from your school account



# **Investigate**

An investigation takes place and statements are taken from at least three people:

THE VICTIM THE PERPETRATOR THE WITNESS



### **Resolve**

**Restorative justice** completed, a sanction put in place and recorded on the bullying log



You can email your concerns to: **bullying@medenschool.co.uk** 



# What is bullying?



# **Physical**

Hitting, kicking, slapping, pinching, spitting, tripping, pushing, blocking

**Stealing or destroying** someone's possessions

Making mean or rude hand gestures

**Touching in unwanted** and inappropriate ways



### Verbal

Name-calling

**Insults** 

**Teasing** 

Intimidation

Homophobic or racist remarks

**Inappropriate** sexual comments

**Taunting** 

Threatening to cause harm



#### Social

Lying and spreading rumours

Leaving someone out on purpose

**Telling others not to** be friends with someone

**Embarrassing** someone in public

Damaging someone's social reputation or relationships



Posting/sending hurtful texts, emails, posts, images or videos

Making online threats

**Intimidating** others online using their log-in

**Deliberately excluding** others online

Spreading nasty gossip or rumours online

It is an expectation that we treat everyone at Meden with respect.